



EXPERIENCE TRICKING 2019

THE POWER OF POSITIVITY

Best Western Plus

1700 Lapalco Blvd

Harvey, LA 70058

All Star Gymnastics

big gym: 2073 Bonn St

little gym: 2073 Paxton St

Harvey, LA 70058

SCHEDULE

SATURDAY, JANUARY 19TH

Best Western Plus

9:00 am Photography Class
10:00 am Social Media Class

All Star Gymnastics

1:00 pm Doors Open
2:00 pm 1st Open Floor
2:30 pm 1st Workshop
3:30 pm 2nd Open Floor
4:00 pm 2nd Workshop
5:00 pm 3rd Open Floor
5:30 pm 3rd Workshop
6:30 pm Trick Circle
7:30 pm Battlers Warmup, Snacks, Doors Close
8:00 pm Night Show
9:30 pm Lock-in Begins / Dinner

SUNDAY, JANUARY 20TH

All Star Gymnastics

8:00 am Breakfast
9:00 am Yoga (Optional)
9:30 am Positivity Panel
10:30 am Warmup/Open Floor
11:00 am Workshop (Optional)
12:00 pm Open Floor
1:00 pm Goodbyes

MONDAY, JANUARY 21ST

All Star Gymnastics

9:00 am Private Lessons Begin
11:30 am Last Private Lesson Slot

Ages 6-9 will have seminar and lock-in at little gym